



A Month of Family Highlights

Provided by the National Committee to Prevent Child Abuse



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bake treats together	Help your children trace their hands on paper	Write a poem with your children	Learn more about how to be a good parent	Pat yourself on the back	Play a sport together	Sing songs that everyone knows
Make a necklace with beads	Discuss your family history	Talk to your children about family rules and why they're needed	Make a special effort to listen to your children	Go for a walk with your children	Read a book together	Explore with a flashlight
Laugh with your children	Hug your children	Visit someone who's lonely	Find your city on a map	Clean a room together	Call a relative and let everyone talk on the phone	Work as a family on a neighborhood project
Make dinner together	Praise your children for good work	Respect your children's opinions	Plant flowers indoors or outdoors	Spend a few minutes alone with each of your children	Send a postcard to a friend	Take pictures of your family
Mark family birthdays on a calendar	Have a picnic	Tell your children "I Love You" every single day				